

GYM SCHEDULE WINTER 2018

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day							
9:00 am	Open Gym 9-4:00	Open Gym 9:00-3:30	Open Gym 9:00-4:30	Introduction to Rec 9:00-11:30	Open Gym 9:00-6:30	*Jr. Soccer Club 9:00-10:30	Pick-up Basketball 9:00-11:00	9:00 am							
9:30 am						9:30 am									
10:00 am						10:00 am									
10:30 am						10:30 am									
11:00 am						11:00 am									
11:30 am				*Masters Basketball 10:30-12:30		*Adult Soccer Club 11:00-1:00	11:30 am								
12:00 pm							12:00 pm								
12:30 pm							12:30 pm								
1:00 pm							1:00 pm								
1:30 pm							1:30 pm								
2:00 pm	*Kick Start 3:30-4:30	Open Gym 4:30-7:30	Open Gym 11:30-4:00	Open Gym 9:00-6:30	*Table Tennis Club 12:30-4:30	*Badminton Club 1:00-4:00	2:00 pm								
2:30 pm							2:30 pm								
3:00 pm							3:00 pm								
3:30 pm							3:30 pm								
4:00 pm							4:00 pm								
4:30 pm							4:30 pm								
5:00 pm							*Kick Start 4:00-5:00	*Jr Soccer 4:30-5:30	*Co-ed B-ball 4:00-5:00	Open Gym 4:30-5:30	Open Gym 4:30-5:30	Open Gym 4:00-5:30	4:30 pm		
5:30 pm							5:00 pm								
6:00 pm							*Preschool Sports 5:30-6:30						*Preschool Soccer 5:30-6:30	*Netball 5:00-6:30	5:30 pm
6:30 pm							Open Gym 6:30-7:30						Pick-up Basketball 7:30-9:30	Pick-up Basketball 6:30-7:30	*Badminton Club 6:30-9:30
7:00 pm	6:30 pm														
7:30 pm	7:00 pm														
8:00 pm	7:30 pm														
8:30 pm	Pick-up Volleyball 7:30-9:30	*Table Tennis Club 6:30-9:30	Volleyball Club 7:30-9:30	8:00 pm											
9:00 pm	8:30 pm														
9:30 pm	9:00 pm														
	GYM CLOSED							9:30 pm							

*Only those who are registered in the programs or clubs or house leagues may participate.

Note: The gym closes weeknights at 9:30 pm and weekends at 5:30 pm. Members have one half hour to shower and change. All members must exit the building by 10:00 pm on weeknights and by 6:00 pm on weekends.