

GYM SCHEDULE WINTER 2017

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day
9:00 am	Open Gym 9-4:00	Open Gym 9:00-3:30	Open Gym 9:00-4:30	Introduction to Rec 9:00-11:30	Open Gym 9:00-3:30	*Jr. Soccer Club 9:00-10:30	*Adult Soccer Club 9:00-11:00	9:00 am
9:30 am						9:30 am		
10:00 am						10:00 am		
10:30 am						10:30 am		
11:00 am						11:00 am		
11:30 am				*Masters Basketball 10:30-12:30		*COSTI Program 11:00-1:00	11:30 am	
12:00 pm				12:00 pm				
12:30 pm				12:30 pm				
1:00 pm				1:00 pm				
1:30 pm				1:30 pm				
2:00 pm	*Table Tennis Club 12:30-4:30	*Badminton Club 1:00-4:00	*Youth Soccer Club 4:00-5:30	*Dodgeball 4:00-5:00	Pick-up Youth Basketball U16 3:30-6:30 pm	CLUB CLOSED		2:00 pm
2:30 pm								2:30 pm
3:00 pm								3:00 pm
3:30 pm								3:30 pm
4:00 pm								4:00 pm
4:30 pm				4:30 pm				
5:00 pm				5:00 pm				
5:30 pm				5:30 pm				
6:00 pm				6:00 pm				
6:30 pm				6:30 pm				
7:00 pm	7:00 pm							
7:30 pm	7:30 pm							
8:00 pm	8:00 pm							
8:30 pm	8:30 pm							
9:00 pm	9:00 pm							
9:30 pm	GYM CLOSED						9:30 pm	

***Only those who are registered in the programs or clubs or house leagues may participate.**

Note: The gym closes weeknights at 9:30 pm and weekends at 5:30 pm. Members have one half hour to shower and change.

All members must exit the building by 10:00 pm on weeknights and by 6:00 pm on weekends.