

GYM SCHEDULE FALL 2017

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day
9:00 am	Open Gym 9-4:00	Open Gym 9:00-3:30	Open Gym 9:00-4:30	Introduction to Rec 9:00-11:30	Open Gym 9:00-5:30	*Jr. Soccer Club 9:00-10:30	Open Gym 9:00-10:00	9:00 am
9:30 am						9:30 am		
10:00 am						10:00 am		
10:30 am						10:30 am		
11:00 am						11:00 am		
11:30 am						11:30 am		
12:00 pm				12:00 pm				
12:30 pm				12:30 pm				
1:00 pm				1:00 pm				
1:30 pm				1:30 pm				
2:00 pm				2:00 pm				
2:30 pm				2:30 pm				
3:00 pm	3:00 pm							
3:30 pm	3:30 pm							
4:00 pm	*Kick Start 4:00-5:00	*Kick Start 3:30-4:30	*Jr Soccer 4:30-5:30	*Co-ed B-ball 4:00-5:00	Open Gym 4:30-5:30	*Table Tennis Club 12:30-4:30	*Adult Soccer Club 10:00-12:00	4:00 pm
4:30 pm	4:30 pm							
5:00 pm	5:00 pm							
5:30 pm	5:30 pm							
6:00 pm	6:00 pm							
6:30 pm	6:30 pm							
7:00 pm	7:00 pm							
7:30 pm	7:30 pm							
8:00 pm	8:00 pm							
8:30 pm	8:30 pm							
9:00 pm	9:00 pm							
9:30 pm	GYM CLOSED							9:30 pm

*Only those who are registered in the programs or clubs or house leagues may participate.

Note: The gym closes weeknights at 9:30 pm and weekends at 5:30 pm. Members have one half hour to shower and change. All members must exit the building by 10:00 pm on weeknights and by 6:00 pm on weekends.

October 2017