

ADULT PROGRAMS

Registration is NOW OPEN!!!

Programs start the week of January 6th, 2019

PILATES

Tuesdays - 6:30 to 7:30pm
Member \$50
Non-Member \$60

GENTLE YOGA & MEDITATION

Tuesdays - 7:45 to 8:45pm
Member \$55
Non-Member \$65

MASTER SWIM

Tuesdays - 8:30 to 9:30pm
Member \$52
Non-Member \$62

ZUMBA

Mondays - 8:00 to 9:00pm
Member \$50
Non-Member \$60

HATHA FLOW YOGA

Thursdays - 6:15 to 7:30pm
Member \$65
Non-Member \$75

NEW! Cardio Sculpt

Thursdays - 7:45 to 8:45pm
Member \$50
Non-Member \$60

AQUAFIT

Tuesdays - 9:30 to 10:30am
Member \$42
Non-Member \$52

AQUAFIT

Thursdays - 9:30 to 10:30am
Member \$42
Non-Member \$52

AQUAFIT

Saturdays - 9:05 to 10:05am
Member \$42
Non-Member \$52

Ages 16+

PAINTING & DRAWING ART CLASS

Saturdays - 9:15 to 10:45am
Member \$70
Non-Member \$80

**All Adult
Programs
run for 8
weeks**

**For more information on Club programs,
visit www.crescenttownclub.com**