

# GYM SCHEDULE FALL 2018

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day	
9:00 am	Open Gym 9-4:00	Open Gym 9:00-3:30	Open Gym 9:00-4:30	Introduction to Rec 9:00-11:30	Open Gym 9:00-6:30	*Jr. Soccer Club 9:00-10:30	Open Gym 9:00-10:00	9:00 am	
9:30 am						9:30 am			
10:00 am						10:00 am			
10:30 am						10:30 am			
11:00 am						11:00 am			
11:30 am				11:30 am					
12:00 pm				12:00 pm					
12:30 pm				12:30 pm					
1:00 pm				1:00 pm					
1:30 pm				1:30 pm					
2:00 pm	*Kick Start 3:30-4:30	*Kick Start 3:30-4:30	*Jr Soccer 4:30-5:30	*C\lo-ed B-ball 4:00-5:00	Open Gym 9:00-6:30	*Masters Basketball 10:30-12:30	*Adult Soccer Club 10:00-12:00	2:00 pm	
2:30 pm						2:30 pm			
3:00 pm						3:00 pm			
3:30 pm						3:30 pm			
4:00 pm						4:00 pm			
4:30 pm				4:30 pm					
5:00 pm				5:00 pm					
5:30 pm				5:30 pm					
6:00 pm				6:00 pm					
6:30 pm				6:30 pm					
7:00 pm	Open Gym 5:00-7:30	Open Gym 4:30-6:30	*Preschool Soccer 5:30-6:30	*Netball 5:00-6:30	*Badminton Club 6:30-9:30	*Table Tennis Club 12:30-4:30	*Badminton Club 1:00-4:00	3:00 pm	
7:30 pm						3:30 pm			
8:00 pm						4:00 pm			
8:30 pm						4:30 pm			
9:00 pm						5:00 pm			
9:30 pm				5:30 pm					
				6:00 pm					
				6:30 pm					
				7:00 pm					
				7:30 pm					
	8:00 pm								
	8:30 pm								
	9:00 pm								
	9:30 pm								
	GYM CLOSED								9:30 pm

\*Only those who are registered in the programs or clubs or house leagues may participate.

**Note:** The gym closes weeknights at 9:30 pm and weekends at 5:30 pm. Members have one half hour to shower and change. All members must exit the building by 10:00 pm on weeknights and by 6:00 pm on weekends.