

ADULT PROGRAMS

Ages 16+

PILATES

Tuesdays

6:30 to 7:30pm

Member \$50

Non-Member \$60

BEGINNER YOGA

Tuesdays

7:45 to 8:45pm

Member \$55

Non-Member \$65

STEP N' RESIST

Wednesdays

8:00 to 9:00pm

Member \$50

Non-Member \$60

ZUMBA

Mondays

8:00 to 9:00pm

Member \$50

Non-Member \$60

YOGA

Thursdays

6:15 to 7:30pm

Member \$65

Non-Member \$75

KETTLEBELL

Thursdays

7:45 to 8:45pm

Member \$50

Non-Member \$60

***10% discount on adult programs
during Registration on Saturday
September 23rd between 8:30 & 10:30am ONLY
(excluding Clubs & Houseleagues)**

All programs run for 10 weeks, starting the week of October 1, 2017

For more information on Club programs, visit www.crescenttownclub.com