

ADULT PROGRAMS

Ages 16+

PILATES

Tuesdays

6:30 to 7:30pm

Member \$47

Non-Member \$57

BEGINNER YOGA

Tuesdays

7:45 to 8:45pm

Member \$52

Non-Member \$62

STEP N' RESIST

Wednesdays

8:00 to 9:00pm

Member \$47

Non-Member \$57

ZUMBA

Mondays

8:00 to 9:00pm

Member \$47

Non-Member \$57

YOGA

Thursdays

6:15 to 7:30pm

Member \$62

Non-Member \$72

KETTLEBELL

AMPD

Thursdays

7:45 to 8:45pm

Member \$47

Non-Member \$57

***10% discount on adult programs
during Registration on Saturday
March 25th between 8:30 & 10:30am ONLY
(excluding March Summer Day Camp and
Clubs & Houseleagues)**

All programs run for 10 weeks, starting the week of April 2, 2017

For more information on Club programs, visit www.crescenttownclub.com